

6-12-24 Hour World Time Trial Championships

Race Rules

(Updated October 7, 2024)

General:

1. Borrego Springs has been very welcoming, accommodating and supportive. Please be respectful. Please support the local businesses.
2. Safety first – no exceptions!
3. All racers and crew must sign liability waiver and race agreement prior to starting the race.
4. Pre-race Meeting – every racer and, if the racer(s) have a support crew, at least one support crew member must attend the Pre-race Meeting.
5. No unsportsmanlike or malicious conduct will be tolerated by racers and support crew members toward other racers, support crew members, staff, and/or public.
6. Racer bib numbers will be assigned. Bib numbers must be displayed on the racer's right side.
7. All participants must have read these Rules. Ignorance of the Rules is no excuse.

START:

1. Each of the 3 races (6, 12 and 24-hours) will be wave-started. Once racers have left the start, they must move to separate themselves.
2. 24-hour racers will start at approximately 5:00 PM on Friday; 12-hour racers will start at approximately 5:00 AM on Saturday; and 6-hour racers will start at approximately 10:00 AM on Sunday.

RACING:

1. Racers and crew must obey all applicable traffic laws.
 2. No drafting. Racers must maintain a 30-foot (10 meter) separation at all times except when overtaking and passing.
 3. Racers must travel the prescribed course. No allowances for going off course. Course will be marked.
 4. There are 2 loops: 18.0 miles (the “main loop”) and 4.8 miles (the “finish loop”). All racers will begin on the main loop. Approximately one hour and 30 minutes prior to the end of the race, all racers will be switched to the finish loop by a race official.
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5. There is one stop sign on the course - at Borrego Springs Road & Palm Canyon Drive/CR S22. Riders MUST slow and use caution when approaching this intersection. There will be a race official at this intersection. Normally there is little or no traffic in the area. If there is no traffic on Palm Canyon Drive/CR S22, the race official will direct you to proceed. If there is traffic, the race official will direct you to stop. Race officials do not have the authority to stop traffic on Palm Canyon/CR S22. In any case, the riders MUST follow the instructions of the race official. Failure to do so will result in a penalty.
6. Racers MUST NOT cross the yellow center line into the oncoming lane for any reason. Racers observed doing this will receive a penalty.
7. Lap counts – official count is at Start/Finish line. Only laps completed within the allotted 6, 12 or 24 hours will be counted. Time will be adjusted for wave starts.
8. Racers must have a bib number on at all times, displayed on their right side.
9. Passing must be done on the left where there is sufficient space. No passing is allowed when it might impede traffic. Racers being passed must yield the right of way to the passing racer. The passed racer must drop back relative to the passing racer to maintain 30-foot spacing.
10. Racers should ride as far right as possible. Should a racer stop for any reason, the racer must be out of the traffic lane and as far right as possible.
11. Racers must not impede other racers or traffic at anytime.
12. Clock will not stop for any reason. Race will run in any weather.
13. There is no minimum distance requirement. However, all riders must complete at least one lap to be listed as an official finisher.
14. There is no requirement as to how much time or how many miles each person must ride. You can spend any length of time off the bike and re-enter the race.
15. If a racer elects to drop out prior to the expiration of time, the racer must notify an official ASAP.
16. Racers may proceed on foot with the bicycle.
17. Headphones are permitted in the right ear only and must allow for the racer to hear traffic, officials and other road noise. Bone conduction headphones are allowed. We reserve the right to disallow the use of headphones completely at any time.
18. Racers must carry a cell phone on the course.

SUPPORT:

1. Racers may race with a support crew or self-supported.
2. All crew support may only be provided from within the Pit Area. Racers must pull into the Pit Area to receive support, drop or exchange water bottles, etc. No crew members or support vehicles may provide support, either material or verbal, on or off the course roadway outside the pit area during the race. Racers may not use their hotel or other lodging accommodation as a support location, either on- or off-course.
3. Racers are expected to be able to make their own basic repairs with supplies they carry (and also carry old parts back to the pit area for proper disposal). Race officials and/or staff may supply limited on-course neutral support, and some will carry a limited supply of inner tubes, a pump, and basic tools but will not do the repairs for racers. As a last resort and only if available, Race Officials and Race Staff may be able to ferry supplies from the pit area to racers on the course, but this is not a top priority of Race Officials and will probably take a long time.
4. In the event a rider requires more than basic support, a race official, will ferry the rider back to the Pit Area. If the rider is able to continue after completing repairs in the Pit Area, the rider must re-start that lap from the Start Area.
5. Racers and crew are encouraged to provide assistance to other competitors as needed. Good sportsmanship is encouraged.
6. Support crew members are not allowed on bikes at any time.
7. Support crews can be issued penalties that affect the racer.
8. No outside media members or independent photographers will be allowed on the course without written permission of the race management.

PASSING THROUGH THE START/FINISH:

1. There is a 15 mph (24 kph) speed limit when passing through the Start/Finish.
2. No passing in the Start/Finish area. Riders must maintain the 30-foot (10 meter) separation in the Start/Finish area except in the case of a sprint finish on the final lap.
3. Riders continuing on course should keep to the left when passing through the Start/Finish.

ENTERING AND EXITING THE PIT AREA:

1. Riders entering the Pit Area should keep to the right. Immediately after the Start/Finish there will be an exit lane on the right for those riders entering the Pit Area. Slow down and use caution when entering the Pit Area.
2. There is a 10 mph (16 kph) speed limit in the Pit Area.
3. Racers and support crew must not congregate in the traffic lanes in the Pit Area.
4. Riders and support crew members must keep noise to a minimum during evening/night hours in the Pit Area. Also, please use the port-a-lets and/or Christmas Circle Park restrooms. Remember,

we are adjacent to a residential area.

5. Please keep the Pit Area clean. Use trash receptacles and recycle bins. Leave no trace.

TIMING AND LAP COUNT:

1. Racers will be issued a timing chip. If a racer uses more than one bike, the chip must be with the bike in use. The timing chips will either be attached to the bike or the racers ankle.
2. Timing will be located in the Start/Finish Area. Riders, support crew and the public will not be allowed in the Time/Lap Count Area of the Start/Finish Area.

EQUIPMENT AND SUPPLIES:

1. Participants should come to the event with all equipment in good working order – preferably with new tires and tubes.
2. Safety standard approved cycling helmet (ANSI, Snell, ASTM, CSA, CPSC, CEN) in good condition must be worn and fastened at all times, including while riding in the pit area.
3. Bicycles must be equipped with a white front light and a red rear light, and they both must be mounted to the bicycle. They may be flashing or solid. Additional lights may be attached to the rider if desired. Both the front light and the rear light must be visible from 500 feet at all times when in use. **Racers will be pulled from the course if their red rear light is not visible from 500 feet or is determined to be insufficient, and not be allowed to continue until the issue is corrected.** The red rear light must be on anytime the rider is on the road both day and night. The white front light must be on anytime the rider is on the road during the nighttime hours between 6:00 pm and 7:00 am. It is highly recommended that riders wear reflective clothing. **(6-hour racers require a red rear light only, though a front white light is highly recommended.)**
4. At least FOUR PIECES of reflective tape, each piece at least 1 cm wide by 3 cm long, must be applied TO BOTH SIDES OF EVERY WHEEL, including spare wheels. Eight pieces of reflective tape total per wheel and REFLECTIVE WRITING DOES NOT COUNT. At least one piece of reflective tape, at least 1 cm wide, wrapped completely around each crank halfway between the bottom bracket axle and the pedal axle so reflective tape is visible from any direction. **(6-hour racers do not require reflective tape.)**
5. Aero bars and disc wheels are permitted.
6. Fixed-gear bikes must, at minimum, have a front-wheel brake.
7. Human powered bicycles only.
8. Racers may have more than one bicycle. However, bicycles must be of the same type. For example, a rider may switch between a conventional diamond frame and a time trial set-up. Riders cannot switch between a conventional bicycle and a recumbent.
9. Teams must all have the same bicycle type.
10. Participants are encouraged to come to the race fully prepared – including food and liquids. Supplies in Borrego Springs may be limited.

DIVISIONS:

1. Racer age is the age on Dec. 31st of the race year. For teams, it is the average age of the racers.
 - U-20
 - 20-29
 - 30-39
 - 40-49
 - 50-59
 - 60-69
 - 70 +
2. Solo, tandem, and 2-person teams are allowed in the 12- and 24-hour races. Only solo and tandem riders are allowed in the 6-hour race.
3. Teams may be male, female or mixed. A mixed team must have at least one member of either sex.
4. Bicycle types: Conventional, Tandem, Recumbent, Fixed-gear, Single-speed, and Handcycle bicycles are allowed.

2-PERSON TEAMS:

1. 2-Person Team Members may race relay style or with both riders on the road. 2-Person Teams may vary the number of riders on the road from lap to lap.
2. 2-Person Team Members may draft off one another.
3. If a team member suffers an equipment failure or is injured, the others may continue without penalty. A race official may take the injured rider back to the Pit Area.
4. One timing chip will be issued to each team. Riders must transfer the timing chip when doing an exchange in the pit area. If both riders are on the road, and one suffers an equipment failure or is injured, the timing chip must be transferred to the continuing rider in order for the lap to count.
5. Team members cannot be added once the race has started.
6. Only one rider is required to finish the race.
7. All exchanges must be made in the Pit Area.

RULES, PENALTIES AND DISQUALIFICATION:

1. Every rider and support crew member must have read and abide by these Rules.
2. Penalties will be issued for rule violations. Warnings may be given prior to the issuance of penalties.
 - a. 1ST offense – 5 miles off total distance (1 short lap)
 - b. 2nd offense – 10 miles off total distance (2 short laps)
 - c. 3rd offense – 15 miles off total distance (3 short laps)
 - d. 4th offense – disqualification.

Rule violations should be reported to race staff in a timely manner – on the lap on which the violation was observed. Officials will then monitor to see if a violation is occurring.

3. Protests must be submitted to the Race Director within 15 minutes following the race. Final rulings will be made within 1 hour following the race.
4. The Race Director has the authority to interpret rules, override a rule, modify a rule or create a new rule based on extenuating circumstances.

FINISH ORDER:

1. The Race Director will make the final ruling on finish order.
2. Final results will be posted no later than 1 hour following the end of the race.

MISCELLANEOUS:

1. Using profanity or abusive language will not be tolerated.
2. Alcohol and drugs will not be allowed on course or in the Pit Area. All participants – racers and crew members – are subject to drug testing before, during, and after the race. We follow the WADA banned substances list. By entering the event, riders and support crew members agree to be tested upon request.
3. In case of medical emergencies: (1) If the injury is life threatening, call 911; (2) If the injury is not life threatening but requires a doctor, contact an urgent care facility.
4. Ride hard, ride safe and have Fun!

